



October 9, 2012

Looking forward to seeing you in Hood River!

LeadingAge Oregon Fall Leadership Conference

October 10-12, 2012 Hood River Inn, Hood River

OF SPECIAL NOTE

We are looking forward to seeing many of you at our **Fall Leadership Conference later this week!** If you haven't already done so, be sure to download your conference handouts using the link we sent to you on Monday. See you in Hood River!

DHS to reopen Money Follows the Person Program

In January 2013, DHS plans to reopen Money Follows the Person Program, formerly called On the Move in Oregon, which was suspended in September of 2011. The program allows the state to capture an enhanced federal Medicaid match rate for services that would have been approved through the 1915(c) waiver and for supplemental services not covered under the waiver for persons transitioning from an institutional setting where they have been residing at least 90 days into a qualified setting. Per Adult and Persons with Disabilities (APD), persons will only be transitioned based on the individual's desire, not established relocation goals. APD does not intend to take an aggressive approach and will not be hiring an "army" of relocation specialists. Savings due to the enhanced match that is provided the first year the individual is in the program will be used to reinvest in Oregon's long term services and supports system. The Affordable Care Act allowed additional funding for states participating in the program through 2016 and an annual rollover of the funding until 2020.

DHS proposes to implement "K" Option

LeadingAge Oregon participated in a committee advising DHS on the design and implementation of the "K" Medicaid Option (also called the Community First Choice State Plan Option). Contingent on approval from CMS, the Department plans to implement the program around April 2013. During the intense budget reduction discussions during the 2012 legislative session, the "K" option was viewed as a potential vehicle to mitigate or eliminate further budget reductions. The option would allow the state to provide services currently provided under the 1915(c) waiver plus limited chore services at an enhanced federal match rate of 6%. To be eligible for services under the K option, individuals need to have an income at or below 300% SSI and need an institutional level of care (hospital, nursing home or intermediate care facility for the mentally retarded). They would then receive at least one service under the 1915 (c) waiver and the rest under the K option. It is estimated that the annual savings in state general funds is about \$27 million.

Resources shared on pain and dementia

Last week national pain expert Dr. Keela Herr presented a session for LeadingAge Oregon members at Willamette View on evidence-based practices for dealing with pain in residents with dementia that was packed with valuable information for providers. We wanted to be sure to call your attention to a relatively new website Dr. Herr referenced that includes useful pain tools, educational materials and more for dealing with pain in elders: www.geriatricpain.org. Be sure to check it out! Dr. Herr noted that studies show that many individuals with dementia who have significant behavioral disturbances have their agitation significantly reduced when put on pain medication – and for the majority, only acetaminophen is needed. This is important information as providers seek out all possible alternatives

to antipsychotic medications.

STATE NEWS

Public invited to provide input on state's long-term care plan

Oregonians are being invited to provide input and direction on the future of long-term care services in Oregon at a series of public meetings throughout the state this month. The meetings are designed to be very interactive, with state staff presenting overarching values, goals and visions for the future, and the public being asked to provide input on how these goals can be met. Access the meeting schedule. Portland area sessions will be scheduled for the first week of November, with dates and locations to come.

ALF/RCF Rule PowerPoint presentation posted

Debbie Concidine from DHS recently presented a webinar for LeadingAge Oregon on the newly revised ALF/RCF rules, which now include new language on how to handle remodels that require residents to temporarily move, and also now require new policies on sexual assault and the prohibition of gifts from residents to staff. Access the <u>PowerPoint presentation</u>, <u>the new rules with changes highlighted</u>, and a <u>quidance on sexual assault policies</u>.

Rule revisions would change some practices during APS investigations

House Bill 4084 dealing with elder abuse continues to ripple through a wide range of Department of Human Services rules. Currently under review are changes to the way confidential information is handled and how medical or financial records need to be obtained during the course of an Adult Protective Services investigation. The rule changes would make records more readily available during investigations and would give healthcare providers the authority to release protected health information to abuse investigators to "prevent or lessen a serious or imminent threat." Read the rule changes. Comments may be submitted until Nov. 21.

DHS submits report on mandates established in HB 4084

HB 4084, passed in 2012, required DHS to report to the legislature on development of:

- a statewide call system to report abuse
- a continuing education curriculum for adult protective service (APS) investigators
- abuse prevention and awareness training for care providers

The completed report indicates DHS intends to establish a single 1-800 number for reports of vulnerable person abuse that will not replace existing local lines. If necessary one-time funding is secured, DHS will create the preferred approach of developing a centralized screening and intake for reports of abuse. The report also indicates DHS plans to begin using a core competency continuing education curriculum in December 2012. DHS will also populate the existing webpage for caregiver resources to provide abuse prevention/awareness materials. Read the report summary. Read the full report.

Resident Safety Review Council completes review of abuse allegation records

HB 4084 recreated an Oregon Elder Abuse Work Group and created a six-member Resident Safety Review Council to work with DHS to gather data to conduct an analysis of the relationship between investigations of abuse and whether occurrences should be classified as adverse events or acts of abuse. The council, co-chaired by Bethany Higgins of the Patient Safety Commission and Mary Jaeger, LTC Ombudsman, completed its review of abuse allegation records and approximates that 35% of the records were determined to be a potential adverse event. An adverse event is defined as an event resulting in unintended harm or creating the potential for harm that is related to any aspect of a patient's care. Prior to developing proposed recommendations, the council will hold panel discussions with surveyors, corrective action staff and providers to identify practical challenges in the investigation process and opportunities for improvement.

Community-based Care News Hour Webinar to be held Wednesday October 10

DHS Community-based Care staff will provide updates and information at the next Community-based

Care News Hour, which is scheduled from 9:00 to 10:00 a.m. on Wednesday, October 10. Topics will include the new rule revisions as well as a compliance report on the top 10 citations, service plans, and staff training. Click here to access the webinar on Oct. 10. Phone number: 1.877.848.7030, access code 4127699#.

Fire Marshal's office schedules training workshops for nursing facilities

The Office of the State Fire Marshal has scheduled two fire safety training workshops for nursing facility administrators and staff during the month of November. Class size is limited, so early registration is encouraged. The class dates are **Nov. 6 in Salem** and **Nov. 7 in Bend**. Contact Jackie Sparks at 503.934.8202 no later than **October 26** to register.

Webinar to review online nursing assistant training reimbursement request system As of January 1, nursing facilities must use the state's new online system to submit reimbursement requests for the Nursing Assistant Training and Competency Evaluation Program (NATCEP). DHS has scheduled a webinar training October 25 on how to use the online system. Register for the webinar. Read more about the NATCEP online reimbursement request system on the DHS Administrator Alert page.

Washington Post interviews Governor Kitzhaber about \$1.9 billion Medicaid "experiment" Oregon's innovative plans to reform health care continue to receive national attention. The Washington Post recently interviewed Governor John Kitzhaber about what the newspaper called Oregon's \$1.9 billion Medicaid experiment." Read the article.

Nov. 1 MOVE program to feature "how-to's" of staff self-scheduling, consistent assignment Strategies for implementing staff self-scheduling and consistent assignment in senior care communities will be the focus of a November 1 educational program sponsored by MOVE (Making Oregon Vital for Elders), Oregon's culture change coalition. The event will be held from 1 to 4 p.m. at the Monarch Hotel and Conference Center. Access the program flier.

TB transmission topic of November 14 webinar

Oregon Patient Safety Commission has scheduled a webinar at 1:00 p.m.on November 14 on Preventing TB Transmission in Nursing Homes. Participants will learn how to perform an OSHA compliant annual TB risk assessment, develop a written TB infection control plan and implement a TB screening program for residents and staff. Register for the webinar.



For further information or to schedule your "Cost Comparison Analysis" call Karen Nichols at 503.684.3788

NATIONAL NEWS

Memos provide guidance on the use of residual receipts to offset HUD payments

LeadingAge, HUD and affordable housing consultants are offering guidance to housing providers trying to understand new rules that require some housing providers to use residual receipts to offset HUD payments. LeadingAge is encouraging members to contact their project managers if they have not already done so, and be sure to document all communication and agreements. Read analysis by LeadingAge. Read HUD's FAQ memo. Read guidance from consultant Mary Ross.

LeadingAge expands MDS support for members

LeadingAge has retained the services of a master teacher on the MDS to offer expanded MDS support

to members. Judy Wilhide Brandt, RN, BA, RAC-MT, will write monthly articles on different MDS issues and will answer member questions. <u>Submit your questions through the LeadingAge MDS online</u> question form.

Participate in the LeadingAge Denver conference from your community!

New this year, LeadingAge is offering members the opportunity to participate in a full day of "Virtual Education" from the Annual Meeting in Denver. On October 23, participants in the Virtual Education program will be able to watch and participate in two education sessions on key workforce topics featuring popular speakers **Francis Battisti** and **Christopher Ridenhour**, as well as the Tuesday general session featuring **Joseph Coughlin**, director of the Massachusetts Institute of Technology AgeLab. The cost is \$189, and any number of your staff will be able to benefit; all you need is a computer and internet connection! Read more about this opportunity.

Considering Continuing Care at Home?

If you are a CCRC considering the Continuing Care at Home model, you might want to take a look at this <u>question-and-answer session</u> from the LeadingAge PEAK conference that gives insight to what an organization should know before deciding to adopt this new business line.

Projects offer opportunities related to the INTERACT Quality Improvement Program

Nursing homes and long-term care professionals have opportunities to participate in funded projects designed to effectively implement and disseminate the INTERACT (Interventions to Reduce Acute Care Transfers) Quality Improvement Program. Read about the nursing home project to evaluate the effectiveness of INTERACT. Read about the INTERACT Institute, which aims to disseminate the program by training certified "INTERACT Educators."

Resources offered for handling and disposal of fluorescent light bulbs

As more communities "go green," LeadingAge is distributing information about how to safely handle and dispose of Compact Fluorescent Light (CFL) bulbs, which should not be disposed of in the trash. Read more about recycling and disposal after a CFL burns out, and how to clean up after a CFL breaks to minimize mercury exposure.

CCRC Profile available

The highly anticipated CCRC Profile is a comprehensive profile of CCRCs in the United States. It paints an up-to-date picture of the CCRC industry and allows individual CCRCs to compare themselves to peers in their field. Read more or purchase the CCRC Profile.

LEADINGAGE OREGON NEWS

LeadingAge associations partner on hoarding series

With reports across the country that senior care and housing providers must increasingly deal with hoarding behaviors, LeadingAge Oregon has partnered with LeadingAge Ohio and other state associations to offer a two-part series on dealing with cleanliness, clutter and hoarding issues. The Nov. 15 webinar will deal with Identification and Assessment; the Dec. 13 webinar will cover Communication and Intervention Strategies. Read more about the series. Please note you must register for each webinar separately: Register for Dec. 13.

10-question falls tool shared

We have posted to the Leading Age Oregon website a <u>10-question falls investigation tool</u> that was distributed at the national Pioneer Network conference. Members noted that many falls investigation tools are too complicated, and welcomed a simpler option. Thank you to Rachel Gorman of Friendsview Retirement Community for passing it along.

LeadingAge Oregon members receive discounted rate for AgeTech conference

LeadingAge Oregon is now a supporting organization of AgeTech California, which means that our members can receive discounted rates for the upcoming <u>AgeTech California Technology Conference</u> <u>and Exhibition</u> on November 15 in Pasadena, CA. The conference will address many of the

organizational cultural barriers to adopting new technologies that inhibit senior living and home care providers, and will offer guidance for the sometimes daunting investment decisions and implementation processes. Special discounted rates are \$225 if you register by 10/14, \$250 by 11/8 and \$295 on or after 11/9. Use the promotional code ATC12 to receive the supporting organization discount.

Join us for West Coast State Night at LeadingAge Annual Meeting in Denver

If you are attending the LeadingAge Annual Meeting in Denver, please make plans to join us for West Coast State Night, where you can connect with your friends and colleagues from Oregon, Washington and California! The event is scheduled on **Monday**, **October 22 from 5:30 to 7:00 p.m.** at the Hyatt Regency Centennial Ballroom and will feature complimentary appetizers and a no-host bar. RSVP to Cassi at 253.964.8870, or cmeritt@leadingagewa.org. And if your group includes Young Professionals ages 21-40, check out the new LeadingAge Young Professionals Network events here.

Mark your calendars for upcoming educational programs!

See the <u>Education Page</u> on the LeadingAge Oregon website for fliers for the following educational workshops and webinars:

Nov. 15/Dec. 13: The Challenges of Cleanliness, Clutter and Hoarding with Older Adults and their Families (webinars)

Nov. 29: Dementia Care Education: Strategies for Understanding, Preventing and Managing Behavior Problems (Tigard)

Dec. 6-7: Navigating the MDS 3.0: RAI Training for Nursing Facility Staff